

# SPA FACT SHEET

## Overview

Nestled along the banks of the Hood Canal – just two hours west of Seattle – The Spa at Alderbrook is surrounded by nature and known for relaxing, luxurious treatments and an experienced and nurturing staff. Whether it's a signature massage, skin radiance facial or the perfect pedicure, the Spa offers a range of holistic services that nourish the body and rejuvenate the mind and soul—all within the picturesque calm of the Washington Pacific Northwest.



## Signature Treatments

Featuring only the finest quality products for each service, The Spa at Alderbrook offers a variety of skin care and body care products that offer the highest combination of luxury and efficacy. The Spa chooses a wide variety of products known for superior quality, including the Being True, Declèor of Paris and Priori CoffeeBerry products, many of which are all-natural and/or paraben free. Many of the Spa's products also feature packaging made from recycled or sustainable paper products.

Signature treatments include:

- Hood Canal Starry Night**  
 This rejuvenating body wrap is one of the Spa's most requested services. Commencing with a sojourn in the herbal-infused steam room, this wrap of local Marine Algae, Sea Brine and Aloe will replenish and hydrate the body while guests are pampered with a soothing hot oil scalp massage. *90 minutes \$150*
- Alderbrook Signature Massage**  
 The Spa's most popular massage, this treatment allows therapists to use a combination of techniques specific to each guest's individual needs. The massage is designed to increase circulation, relax tight muscles, and relieve tension and stress to prepare the body for both adventure and relaxation. Guests will enjoy the integration of aromatherapy, relaxation and deep tissue techniques, along with deeply penetrating hot stones to harmonize both body and soul. *60 minutes \$130, 90 minutes \$180*
- Alderbrook Signature Facial**  
 Designed for total relaxation and rejuvenation, the signature facial involves head-to-toe pampering. A warm, herb-infused foot soak followed by a rich foot cream prepares guests for the relaxation of deep cleansing, steaming and skin therapy. The facial is then finished with luxurious face, décolleté, hands and arm massage. *90 minutes \$160*

## Amenities

The spa features eight spacious treatment rooms, a therapy pool, Finnish sauna, steam room, indoor swimming pool and a complete indoor gym. All facilities are available to spa guests for use before, between or after their treatments. Spa guests also have access to the tranquil relaxation room, allowing for a quiet and peaceful transition between services. Two of the treatment rooms are large enough to accommodate the Spa's indulgent, side-by-side couple's treatments, one of which also features a luxurious, romantic soaking tub (perfect for couples on a honeymoon or a relaxing retreat). A separate manicure/pedicure area provides a soothing respite for those seeking nail treatments, while a small retail area allows guests to select products or gifts to continue the spa experience at home.

## Appointments & Gift Certificates

[www.alderbrookresort.com/spa](http://www.alderbrookresort.com/spa) • (360) 898-5520

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