

▶ PAMPER YOURSELF FOR **LESS THAN \$50**

seattle

THE PREMIER SEATTLE MONTHLY

FEBRUARY 2009

BEST OF BEAUTY

- + AFFORDABLE
HAIR STYLISTS
- + SPA STEALS
& DEALS
- + THE BEST
BEAUTY
PRODUCTS



LULY YANG'S
BEIJING DEBUT

THE HASSLE-FREE, 30 MINUTE
FLIGHT TO PORTLAND

SIDEWALKS TAKE A
DANGEROUS DETOUR

PLUS
THE HOTTEST
ECO ARTISTS:
REDUCE
REUSE
RE-CREATE



spa-cations

Best Destination Spas

You may not be splurging on a lavish two-week vacation to Hawaii anytime soon, but that doesn't mean you can't indulge in a little weekend R&R. Head to one of these swoon-worthy Washington spas to be primed and pampered—and be home by Sunday night.

Alderbrook Resort

(UNION, 7101 E STATE ROUTE 106;
360.898.2200; ALDERBROOKRESORT.COM)

A quintessential Northwest laid-back warmth resonates throughout this breathtaking resort, from the living-room-like lobby to the lush guest rooms to the peaceful spa. If you're a water lover looking to get away from the city, this is the place to go. Nestled along the Hood Canal, there's not much of a town here, but you won't care. Take a walk along the oyster-shell-cluttered beach or a dip in the indoor pool, or relax in your oversized tub and enjoy the luxurious Molton Brown bath products that are stocked in guest rooms. When it's spa time, you'll be greeted by the most attentive spa staff we've ever experienced



Experience
massage
a fresco at
Alderbrook
Resort

(they'll be waiting with lemon water when you least expect it). And the total silence of the spa area—even when fully booked—is quite impressive. You'll emerge wishing you could give up life in civilization and stay here forever. Or at least another night. **DRIVE TIME:** Ninety minutes from Seattle. **OVERNIGHT ACCOMMODATIONS:** From \$169. **MUST-TRY TREATMENT:** Step out of your comfort zone and opt for the enchanting al fresco Secret Garden Signature Massage (seasonal), given out of doors in the spa's private garden area (\$130 for 60 minutes/\$180 for 90 minutes). **WHILE YOU'RE HERE:** Take a short walk to adorable Cameo Boutique & Wine Shop (Union, 6871 E State Route 106; 360.898.3200; cameoboutique.com), a country-style gift shop stocked with everything from clothing and jewelry to candles, note cards, ceramic sushi sets and porcelain vases. The adjoining wine shop, Bin 160, boasts a small but decent collection of mostly Washington wines and hosts wine tastings on weekend days between noon and 5 p.m. To the north is Kayak Hood Canal (Union, 5101 E State Route 106; 360.898.2628; kayakhoodcanal.com), where you can rent kayaks and head out on the canal or opt for a guided tour on the Skokomish River.